

USCAC FEMALE CLUB RECORDS (as at 29th Jan 2018)

Age	Event	Result	Athlete	Date & Competition
U14	100	12.75	Carlisle, Madeleine	13/08/2006 USCAC WINTER CARNIVAL
U14	200	26.98	Mabb, Stefany	10/08/08 Sunshine Coast Winter Carnival
U14	400	62.72	O'Dempsey, Shannon	9/08/2009 2009 USCAC Winter Track and Field Carnival
U14	800	2:22.57	Annique Stringer	12/10/17 Queensland School Sport Track & Field Cships
U14	1500	4:55.38	Annique Stringer	12/10/17 Queensland School Sport Track & Field Cships
U14	3000	10:56.35	Annique Stringer	09/2/17 2017 Queensland 3000m Classic
U14	80H	13.33	Amelita Case	12/10/17 Queensland School Sport Track & Field Cships
U14	200H	30.47	Amelita Case	16/12/2017 QA Shield Series: Carlee Beattie Shield
U14	2000m StplCh	8:15.60	Taylor, Jessica	30/11/2013 Queensland Secondary Schools T&F Cships
U14	3000m Walk	16:51.13	Ofield, Mackenzie	12/10/17 Queensland School Sport Track & Field Cships
U14	HJ	1.55m	Paehua, T.J	9/08/2009 2009 USCAC Winter Track and Field Carnival
U14	HJ	1.55m	O'Dempsey, Shannon	9/08/2009 2009 USCAC Winter Track and Field Carnival
U14	LJ	5.14m	Amelita Case	12/11/2017 USCAC Mini Meet
U14	TJ	10.21m	O'Dempsey, Shannon	9/08/2009 2009 USCAC Winter Track and Field Carnival
U14	SP	10.27m	Kate Morcom	23/11/2012 QA All Schools & Invitation Combined Even
U14	DISC	34.47m	Stuurop, Milli	9/08/2009 2009 USCAC Winter Track and Field Carnival
U14	HAM	20.53m	Kate Morcom	8/12/2012 QA All Comers Meet (QSAC)
U14	JAV	35.58m	Stuurop, Milli	9/08/2009 2009 USCAC Winter Track and Field Carnival
U14	HEPT	3438	Kate Morcom	23/11/2012 QA All Schools & Invitation Combined Even
U16	100	12.13	Stephanie Welsh	26/03/2017 2017 Aust Athletics Championships
U16	200	25.43	Stephanie Welsh	12/10/17 Queensland School Sport Track & Field Cships
U16	400	58.42	Lisa van Hooijdonk	12/03/2014 2014 Australian Junior Championships
U16	800	2:21.66	Smith, Miriam	12/08/2007 USCAC WINTER CARNIVAL
U16	1500	4:55.10	Adcock, Clare	11/03/2015 2015 Australian Junior Championships
U16	3000	10:53.31	Adcock, Clare	11/03/2015 2015 Australian Junior Championships
U16	90H	13.25	O'Dempsey, Shannon	21/10/10 Queensland All Schools Champs
U16	200H	30.04	White, Rebekah	4/12/2010 Australian All Schools Championships
U16	400H	1:14.63	Pogany, Bree	26/11/16 2016-17 QA Shield Series: Joanna Stone Shield
U16	2000m StplCh	7:13.95	Miriam Smith	11/03/2007 2007 Australian Junior Championships
U16	3000m Walk	18:16.0	Haig, Jessica	02/07/2011 Down Under Meet Gold Coast
U16	HJ	1.63m	Paehua, Katijah / Tiver,	03/04/2014 Australian Combined Event Championships
U16	LJ	5.71m	Lewis, Alexandra	26/02/2015 2015 Queensland Junior Championships
U16	TJ	11.12m	Tapungao, Keona	20/01/2018 Sally Pearson Shield
U16	SP	10.73m	Morcom, Kate	21/02/2014 2014 Queensland Junior Championships
U16	DISC	37.45m	Milli Stuurop	8/08/2010 USCAC Winter Track and Field Carnival
U16	HAM	41.75m	Morcom, Kate	21/02/2014 2014 Queensland Junior Championships
U16	JAV	34.90m	Nicholas, Emily	28/07/2013 USCAC Winter Track and Field Carnival
U16	HEPT	4562	O'Dempsey, Shannon	31/3/11 Aust Junior Champs
U16	PV	1.60m	O'Dempsey, Shannon	31/07/2011 USCAC Winter Track and Field Carnival
U18	100	12.09	Stephanie Welsh	6/01/2018 Qld Combined Event Championships
U18	200	24.49	Gould, Jasmyn	13/08/2006 USCAC WINTER CARNIVAL
U18	400	56.51	Ashleigh Harris	22/02/09 Queensland Open, U23 & U18 Track & Field Championships
U18	800	2:16.55	Haig, Jessica	6/12/2013 2013 Australian All Schools Championships
U18	1500	04:55.4	McKenzie, Alyce	23/02/08 Sunshine Coast Summer Carnival
U18	3000	10:36.52	Wolstencroft, Romy	28/01/2016 University of the Sunshine Coast Mini Meet
U18	100H	13.81	O'Dempsey, Shannon	12/03/2013 2013 Australian Junior Championships
U18	400H	1:05.23	Tiver, Sophie	11/03/2015 2015 Australian Junior Championships
U18	2000m StplCh			
U18	5000m Walk	31:07.0	Haig, Jessica	10/07/2011 Queensland Roadwalk Championships
U18	HJ	1.68m	Herbst, Shauna	28/07/2013 USCAC Winter Track and Field Carnival
U18	LJ	5.59m	O'Dempsey, Shannon	16/02/2013 2013 Australian Combined Events Champio
U18	TJ	10.54m	Gabi Wilson	23/2/17 2017 Queensland Athletics Championships
U18	SP	12.35m	Shannon O'Dempsey	10/11/2012 QA All Comers Meet (UQ)
U18	DISC	34.42m	Nicholas, Emily	9/01/2016 Qld Combined Event Championships
U18	HAM	48.94m	Morcom, Kate	26/07/2015 2015 Sunshine Coast Winter Carnival
U18	JAV	44.79m	Nicholas, Emily	9/01/2016 Qld Combined Event Championships
U18	HEPT	5132	O'Dempsey, Shannon	16/02/2013 2013 Australian Combined Events Champio
U20	100	11.96	Kay, Nicole	26/03/2017 2017 Aust Athletics Championships
U20	200	24.00	Kay, Nicole	20/02/2016 Qld Club Championship #7: Chilla Porter Shiel
U20	400	55.81	Kay, Nicole	9/01/2016 Qld Combined Event Championships
U20	800	2:11.23	Haig, Jessica	12/03/2014 2014 Australian Junior Championships
U20	1500			
U20	3000	11:06.5	McKenzie, Dannielle	8/04/2006 Queensland Country Championships
U20	100H	14.07	O'Dempsey, Shannon	29/3/14 Queensland Track Classic
U20	400H			
U20	3000m StplCh			
U20	5000m Walk			
U20	HJ	1.70m	Reid, Ashleigh	12/08/2007 USCAC WINTER CARNIVAL
U20	LJ	5.58m	Baldwin, Amy	12/03/2013 2013 Australian Junior Championships
U20	TJ	11.81m	Baldwin, Amy	12/03/2013 2013 Australian Junior Championships
U20	SP	11.26m	O'Dempsey, Shannon	11/1/2014 QA All Comers Meet
U20	DISC	27.86m	Hockey, Kaysanne	31/01/09 Queensland Under 16 & Under 20 Track & Field Championships
U20	JAV	40.36m	Jaimie Summers	19/08/2017 UQ Sport Spring Series Meet #4

U20	HAM	56.07m	Hockey, Kaysanne	18/01/2014 Qld Club Championships #1:Denise Boyd Shield
U20	HEPT	4912	O'Dempsey, Shannon	03/04/14 Australian Combined Event Championships
20 + Over	100	11.93	Kay, Nicole	6/01/2018 Qld Combined Event Championships
20 + Over	200	25.09	Haig, Jessica	05/11/16 Cathy Freeman Shield
20 + Over	400	56.51	Haig, Jessica	26/09/2016 2016 Australian University Games
20 + Over	800	2:12.48	Haig, Jessica	26/03/2017 2017 Aust Athletics Championships
20 + Over	1500	6:02.59	Griffiths, Sara	26/07/2015 2015 Sunshine Coast Winter Carnival
20 + Over	3000	10:13.96	Seidel, Kirralee	28/01/2016 University of the Sunshine Coast Mini Meet
20 + Over	5000	21:51.52	Stock, Deanne	14/01/2016 University of the Sunshine Coast Mini Meet
20 + Over	100H	14.82	Reid, Ashleigh	26/01/08 QLD Open, U23 & U20 Combined Events Championships
20 + Over	400H	77.25	Jones, Paige	19/01/2013 South Queensland Regional Cup #1
20 + Over	3000m StplCh			
20 + Over	5000m Walk	34:27.00	Haig, Jessica	29/09/15 Australian University Games
20 + Over	HJ	1.75m	Reid, Ashleigh	10/02/08 Queensland Open & Under 18 Track & Field Championships
20 + Over	LJ	5.71m	Reid, Ashleigh	10/02/08 Queensland Open & Under 18 Track & Field Championships
20 + Over	TJ			
20 + Over	SP	10.25m	Jenkinson, Natalie	13/08/2006 USCAC WINTER CARNIVAL
20 + Over	DISC	34.59m	Jenkinson, Natalie	13/08/2006 USCAC WINTER CARNIVAL
20 + Over	HAM	58.05m	Hockey, Kaysanne	17/01/2016 Qld Club Championships #4: Denise Boyd Shield
20 + Over	JAV	31.96m	Reid, Ashleigh	26/01/08 QLD Open, U23 & U20 Combined Events Championships
20 + Over	HEPT	4598	Reid, Ashleigh	26/01/08 QLD Open, U23 & U20 Combined Events Championships